

# Tameside College

# Health & Social Care Applicant Study Pack

## **Description of course:**

This course is for learners who would like to work with individuals who may be vulnerable and/ or require some additional support with tasks of daily living. Subject teachers have industry experience which is shared with learners. This provides a stimulating learning environment and promotes positive learning. The course will also help develop those allimportant employability skills that will help you decide on your career path.

On this course, you are required to have a disclosure and barring service check (DBS); this allows you to access the work experience that is required to develop your skill set within health and social care. This is a fantastic opportunity to gain a real life insight into health and social care settings. Alongside the course, you will also attend visits and trips to support and enhance your classroom delivery. You will be given the opportunity to work alongside medical marvels and gain an insight into a range of different health care professionals.

# Task One

Communication plays a large part in the workplace, but even more so where people are being cared for. Having good communication skills will help build up good professional relationships with service users, colleagues and other professionals. It will make your working environment easier to cope with too. It is important to understand that there are many ways to communicate in these settings.

Q1. How many forms of communication can you come up with and can you give examples?

Q2. When might you use these in a health and social care or early years setting?

Q3. Describe what formal and informal communication is.

### <u>Task Two</u>

You are completing some work experience in a GP surgery and the Practice Manager has asked you to produce an informative, booklet/leaflet that could be left in the waiting areas for individuals to read while they are waiting.

You should outline the life stages of human growth and development (there are 6 in total) and then describe the difference between growth and development (you should consider all of the PIES- physical, intellectual, emotional and social)

#### **Further Reading / Links**

- Level 1 Introduction to Health & Social Care and Children & Young People's Settings -Corinne Barker & Emma Ward
- CACHE Level 2 Extended Diploma in Health & Social Care Elizabeth Rasheed
- CACHE Technical Level 3 Extended Diploma in Health and Social Care Maria Ferreiro Peteiro, Elizabeth Rasheed, Linda Wyatt & Pete Wedlake
- Understanding Health and Social Care (Third Edition) Jon Glasby
- Understanding Children and Young People's Mental Health Anne Claveirole & Martin Gaughan

#### What next?

- Visit our website <u>www.tameside.ac.uk</u> for more information.
- Attend our New Students' Day.
- Make it official, join us for enrolment in August. Letters will be sent to all applicants at the end of July with more details.